

January 2022 Memory Care Life Engagement Calendar

TRANSFORMING THE Culture OF CARE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	January cont'd 30 <ul style="list-style-type: none"> Breakfast Seated Tai Chi [LR] Smoothies-n-Chronicles [DR] Hymn Sing Lunch Mosaic Moments Puzzles and Plus [SR] Twister Bean Bag Toss Snack-N-Chat [DR] Board Games Supper Symphony Sounds Snack-n-Chat 	31 <ul style="list-style-type: none"> Breakfast Chair Exercises Smoothies-n-Chronicles [DR] Wii Bowling [LR] Lunch Mosaic Moments Fact or Crap [LR] Crafter's Corner: Zig Zag Painting Snack-N-Chat [DR] Balloon Volleyball [LR] Supper Smooth Jazz Snack-n-Chat 					New Year's Day 1 <ul style="list-style-type: none"> Breakfast Chair Yoga Smoothies-n-Chronicles [DR] Current Events Lunch Mosaic Moments Residents Music Choice Balloon Volleyball Arts & Crafts Snack-N-Chat [DR] Puzzle Fun [SR] Supper Family Movie Snack-n-Chat 	
<ul style="list-style-type: none"> Active Therapy Chore Therapy Cognitive Therapy Creative Therapy Reminiscence Therapy Socialization Therapy 	2 <ul style="list-style-type: none"> Breakfast Seated Tai Chi [LR] Smoothies-n-Chronicles [DR] Hymn Sing Lunch Mosaic Moments Puzzles and Plus [SR] Twister Bean Bag Toss Snack-N-Chat [DR] Board Games Supper Symphony Sounds Snack-n-Chat 	3 <ul style="list-style-type: none"> Breakfast Chair Exercises Smoothies-n-Chronicles [DR] Wii Bowling [LR] Lunch Mosaic Moments Fact or Crap [LR] Crafter's Corner: Make your own Calendar Snack-N-Chat [DR] Balloon Volleyball [LR] Supper Smooth Jazz Snack-n-Chat 	4 <ul style="list-style-type: none"> Breakfast Chair Dancing [LR] Smoothies-n-Chronicles [DR] Sing-a-Long Lunch Mosaic Moments Indoor Bocce Ball [SR] Adult Coloring [DR] Snack-N-Chat [DR] Dice/Tenzi's Spa Music Snack-n-Chat 	5 <ul style="list-style-type: none"> Breakfast Chair Yoga [LR] Smoothies-n-Chronicles [DR] A-Z Words Lunch Mosaic Moments Manicures & Massages Piano Concert Snack-N-Chat [DR] Who's Got It Card Game Supper Meditative Music Snack-n-Chat 	6 <ul style="list-style-type: none"> Breakfast Fuzion Fitness [LR] Smoothies-n-Chronicles [DR] Fill-in-the-Blank Lunch Mosaic Moments A to Z words Dancing through the Decades Twister Bean Bag Toss [SR] Snack-N-Chat [DR] 1940's Slang Supper Purposeful Destination Walks Snack-n-Chat 	7 <ul style="list-style-type: none"> Breakfast Guided Exercises [LR] Smoothies-n-Chronicles [DR] Junk Drawer Detectives Lunch Mosaic Moments Baking Group - Chocolate dipped pretzel rods BINGO HAPPY HOUR Snack-N-Chat [DR] Puzzle Fun [SR] Sitting Kickball [SR] Supper Nature Sounds Snack-n-Chat 	8 <ul style="list-style-type: none"> Breakfast Chair Yoga Smoothies-n-Chronicles [DR] Current Events Lunch Mosaic Moments Residents Music Choice Balloon Volleyball Arts & Crafts Snack-N-Chat [DR] Puzzle Fun [SR] Supper Family Movie: "On the Spot" Snack-n-Chat 	
	9 <ul style="list-style-type: none"> Breakfast Seated Tai Chi [LR] Smoothies-n-Chronicles [DR] Hymn Sing Lunch Mosaic Moments Puzzles and Plus [SR] Twister Bean Bag Toss Snack-N-Chat [DR] Board Games Supper Symphony Sounds Snack-n-Chat 	10 <ul style="list-style-type: none"> Breakfast Chair Exercises Smoothies-n-Chronicles [DR] Wii Bowling [LR] Lunch Mosaic Moments Fact or Crap [LR] Crafter's Corner: Snowflakes Snack-N-Chat [DR] Balloon Volleyball [LR] Supper Smooth Jazz Snack-n-Chat 	11 <ul style="list-style-type: none"> Breakfast Chair Dancing [LR] Smoothies-n-Chronicles [DR] Sing-a-Long Lunch Mosaic Moments Indoor Bocce Ball [SR] The Fabulous 1950's Discussion Snack-N-Chat [DR] Dice/Tenzi's Supper Spa Music Snack-n-Chat 	12 <ul style="list-style-type: none"> Breakfast Chair Yoga [LR] Smoothies-n-Chronicles [DR] A-Z Words Lunch Mosaic Moments Manicures & Massages Piano Concert Snack-N-Chat [DR] Who's Got It Card Game Supper Meditative Music Snack-n-Chat 	13 <ul style="list-style-type: none"> Breakfast Fuzion Fitness [LR] Smoothies-n-Chronicles [DR] Reminiscing with the Senses: Slumber Parties Lunch Mosaic Moments Baking Group: 7 Layer Gelatin Salad Twister Bean Bag Toss [SR] Snack-N-Chat [DR] Bowling [SR] Purposeful Destination Walks Snack-n-Chat 	14 <ul style="list-style-type: none"> Breakfast Guided Exercises [LR] Smoothies-n-Chronicles [DR] Remembering Elvis Songs Lunch Mosaic Moments BINGO HAPPY HOUR Snack-N-Chat [DR] 1950's Slang Supper Nature Sounds Snack-n-Chat 	15 <ul style="list-style-type: none"> Breakfast Chair Yoga Smoothies-n-Chronicles [DR] Name that 1950's Tune Lunch Mosaic Moments Residents Music Choice Balloon Volleyball Arts & Crafts Snack-N-Chat [DR] Puzzle Fun [SR] Supper Family Movie: "The Blazing Sun" Snack-n-Chat 	
		16 <ul style="list-style-type: none"> Breakfast Seated Tai Chi [LR] Smoothies-n-Chronicles [DR] Hymn Sing Lunch Mosaic Moments Puzzles and Plus [SR] Twister Bean Bag Toss Snack-N-Chat [DR] Board Games Supper Symphony Sounds Snack-n-Chat 	17 <ul style="list-style-type: none"> Breakfast Chair Exercises Smoothies-n-Chronicles [DR] Wii Bowling [LR] Word Jumble [LR] Lunch Mosaic Moments Fact or Crap [LR] Crafter's Corner: Zen Doodle Wrap Snack-N-Chat [DR] Balloon Volleyball [LR] Supper Smooth Jazz Snack-n-Chat 	18 <ul style="list-style-type: none"> Breakfast Chair Dancing [LR] Smoothies-n-Chronicles [DR] Sing-a-Long Lunch Mosaic Moments Indoor Bocce Ball [SR] The Sensational 1960's Discussion Snack-N-Chat [DR] Dice/Tenzi's Supper Spa Music Snack-n-Chat 	19 <ul style="list-style-type: none"> Breakfast Chair Yoga [LR] Smoothies-n-Chronicles [DR] Name that 1960's Tune Lunch Mosaic Moments Manicures & Massages Piano Concert Snack-N-Chat [DR] Who's Got It Card Game Supper Meditative Music Snack-n-Chat 	20 <ul style="list-style-type: none"> Breakfast Fuzion Fitness [LR] Smoothies-n-Chronicles [DR] Finish That Saying Lunch Mosaic Moments Baking Group: Tunnel of Fudge Twister Bean Bag Toss [SR] Snack-N-Chat [DR] 1960's Slang Supper Purposeful Destination Walks Snack-n-Chat 	21 <ul style="list-style-type: none"> Breakfast Guided Exercises [LR] Smoothies-n-Chronicles [DR] Zig Zag Zoom Game Lunch Mosaic Moments BINGO Classic Hits by Barry [LR] HAPPY HOUR Snack-N-Chat [DR] Sitting Kickball [SR] Supper Nature Sounds Snack-n-Chat 	22 <ul style="list-style-type: none"> Breakfast Chair Yoga Smoothies-n-Chronicles [DR] Current Events Lunch Mosaic Moments Residents Music Choice Balloon Volleyball Learn 1960's Dances (Frug, Shimmy, Twist) Snack-N-Chat [DR] Puzzle Fun [SR] Supper Family Movie: "My Fair Lady" Snack-n-Chat
		23 <ul style="list-style-type: none"> Breakfast Seated Tai Chi [LR] Smoothies-n-Chronicles [DR] Hymn Sing Lunch Mosaic Moments Puzzles and Plus [SR] Twister Bean Bag Toss Snack-N-Chat [DR] Board Games Supper Symphony Sounds Snack-n-Chat 	24 <ul style="list-style-type: none"> Breakfast Chair Exercises Smoothies-n-Chronicles [DR] Wii Bowling [LR] Lunch Mosaic Moments Fact or Crap [LR] Crafter's Corner: Paper Dolls Snack-N-Chat [DR] Balloon Volleyball [LR] Supper Smooth Jazz Snack-n-Chat 	25 <ul style="list-style-type: none"> Breakfast Chair Dancing [LR] Smoothies-n-Chronicles [DR] Sing-a-Long Lunch Mosaic Moments Indoor Bocce Ball [SR] Can You Picture This? Snack-N-Chat [DR] Dice/Tenzi's Supper Spa Music Snack-n-Chat 	26 <ul style="list-style-type: none"> Breakfast Chair Yoga [LR] Smoothies-n-Chronicles [DR] Name that 1970's Tune Lunch Mosaic Moments Manicures & Massages Piano Concert Snack-N-Chat [DR] Who's Got It Card Game Supper Meditative Music Snack-n-Chat 	27 <ul style="list-style-type: none"> Breakfast Brookfield Lutheran Church Bible Study [LR] Fuzion Fitness [LR] Smoothies-n-Chronicles [DR] Lunch Mosaic Moments 1970's Slang Twister Bean Bag Toss [SR] Snack-N-Chat [DR] Bowling [SR] Supper Purposeful Destination Walks Snack-n-Chat 	28 <ul style="list-style-type: none"> Breakfast Guided Exercises [LR] Smoothies-n-Chronicles [DR] Who, What, When Game Lunch Mosaic Moments Baking Group-Banana Split Prep Classic Hits by Barry - Sock Hop HAPPY HOUR Snack-N-Chat [DR] Fact or Crap Game [LR] Supper Nature Sounds Snack-n-Chat 	29 <ul style="list-style-type: none"> Breakfast Chair Yoga Smoothies-n-Chronicles [DR] Current Events Lunch Mosaic Moments Residents Music Choice Balloon Volleyball 70's Dances (Disco) Snack-N-Chat [DR] Puzzle Fun [SR] Supper Family Movie Snack-n-Chat

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