










# October 2021 Memory Care Life Engagement Calendar

## TRANSFORMING THE Culture OF CARE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  <ul style="list-style-type: none"> <li> Active Therapy</li> <li> Chore Therapy</li> <li> Cognitive Therapy</li> <li> Creative Therapy</li> <li> Reminiscence Therapy</li> <li> Socialization Therapy</li> </ul>    	<b>October cont'd</b> <b>31</b> <b>Halloween</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Seated Tai Chi [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Hymn Sing</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Puzzles &amp; Ponderings [SR]</li> <li>- Bean Bag Toss</li> <li>- Snack-N-Chat [DR]</li> <li>- Board Games</li> <li>- Supper</li> <li>- Symphony Sounds</li> <li>- Snack-n-Chat</li> </ul>		<b>Location Keys</b> Courtyard Dining Room Living Room Sun Room	<b>C</b> <b>DR</b> <b>LR</b> <b>SR</b>	<b>World Smile Day</b> <b>1</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Guided Exercises [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- <b>Junk Drawer Detectives</b></li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- BINGO</li> <li>- HAPPY HOUR</li> <li>- Snack-N-Chat [DR]</li> <li>- Horseshoes [SR]</li> <li>- Supper</li> <li>- Nature Sounds</li> <li>- Snack-n-Chat</li> </ul>	<b>World Card Making Day</b> <b>2</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Conductorcise</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Current Events</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Reading Club</li> <li>- Pool Noodle Ball</li> <li>- Snack-N-Chat [DR]</li> <li>- Puzzle Fun [SR]</li> <li>- Supper</li> <li>- Family Movie: "Cinderella"</li> <li>- Snack-n-Chat</li> </ul>	
	<b>Clergy Appreciation Month</b> <b>3</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Seated Tai Chi [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Hymn Sing</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Puzzles &amp; Ponderings [SR]</li> <li>- Bean Bag Toss</li> <li>- Snack-N-Chat [DR]</li> <li>- Board Games</li> <li>- Supper</li> <li>- Symphony Sounds</li> <li>- Snack-n-Chat</li> </ul>	<b>National Golf Month</b> <b>4</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Groove and Move [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- <b>The Write Word Game: October Edition</b></li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Garden Club [C]</li> <li>- <b>Crafter's Corner: Jack-O-Lanterns</b></li> <li>- Snack-N-Chat [DR]</li> <li>- Balloon Volleyball [LR]</li> <li>- Supper</li> <li>- Smooth Jazz</li> <li>- Snack-n-Chat</li> </ul>	<b>World Teacher's Day</b> <b>5</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Chair Dancing [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Sing-a-Long</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Bocce Ball [C]</li> <li>- <b>Painting by Numbers [DR]</b></li> <li>- Snack-N-Chat [DR]</li> <li>- Count 'em Dice</li> <li>- Supper</li> <li>- Spa Music</li> <li>- Snack-n-Chat</li> </ul>	<b>Cookie Month</b> <b>6</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Chair Yoga [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- A-Z Words</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Manicures &amp; Massages</li> <li>- Piano Concert</li> <li>- Snack-N-Chat [DR]</li> <li>- Who's Got It Card Game</li> <li>- Supper</li> <li>- Meditative Music</li> <li>- Snack-n-Chat</li> </ul>	<b>National Pizza Month</b> <b>7</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Fuzion Fitness [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- <i>St. Dominic Catholic Church Communion Service</i></li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- <b>Baking Group: Pumpkin Seeds [DR]</b></li> <li>- Bean Bag Toss</li> <li>- Snack-N-Chat [DR]</li> <li>- Bowling [SR]</li> <li>- Supper</li> <li>- Purposeful Destination Walks</li> <li>- Snack-n-Chat</li> </ul>	<b>World Egg Day</b> <b>8</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Guided Exercises [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- <b>Armchair Travels: Denmark</b></li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- BINGO</li> <li>- HAPPY HOUR</li> <li>- Snack-N-Chat [DR]</li> <li>- <b>Sensory Group: Pass the Pasta [LR]</b></li> <li>- Supper</li> <li>- Nature Sounds</li> <li>- Snack-n-Chat</li> </ul>	<b>National Motorcycle Ride Day</b> <b>9</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Conductorcise</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Current Events</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Reading Club</li> <li>- Pool Noodle Ball</li> <li>- Snack-N-Chat [DR]</li> <li>- Puzzle Fun [SR]</li> <li>- Supper</li> <li>- Family Movie: "From the Vine"</li> <li>- Snack-n-Chat</li> </ul>
	<b>National Angel Food Cake Day</b> <b>10</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Seated Tai Chi [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Hymn Sing</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Puzzles &amp; Ponderings [SR]</li> <li>- Bean Bag Toss</li> <li>- Snack-N-Chat [DR]</li> <li>- Board Games</li> <li>- Supper</li> <li>- Symphony Sounds</li> <li>- Snack-n-Chat</li> </ul>	<b>National Popcorn Poppin' Month</b> <b>11</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Groove and Move [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Trivia Time [LR]</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Garden Club [C]</li> <li>- <b>Crafter's Corner: Clay Pasta Print</b></li> <li>- Snack-N-Chat [DR]</li> <li>- Balloon Volleyball [LR]</li> <li>- Supper</li> <li>- Smooth Jazz</li> <li>- Snack-n-Chat</li> </ul>	<b>Old Farmer's Day</b> <b>12</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Chair Dancing [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Sing-a-Long</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Bocce Ball [C]</li> <li>- Flower Arranging</li> <li>- Snack-N-Chat [DR]</li> <li>- Count 'em Dice</li> <li>- Supper</li> <li>- Spa Music</li> <li>- Snack-n-Chat</li> </ul>	<b>National Take Your Parent to Lunch Day</b> <b>13</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Chair Yoga [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- A-Z Words</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Manicures &amp; Massages</li> <li>- Piano Concert</li> <li>- Snack-N-Chat [DR]</li> <li>- Who's Got It Card Game</li> <li>- Supper</li> <li>- Meditative Music</li> <li>- Snack-n-Chat</li> </ul>	<b>National Dessert Day</b> <b>14</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Fuzion Fitness [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Fill-in-the-Blank</li> <li>- <b>Junk Drawer Detectives</b></li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- <b>Baking Group: Cream Cheese Cookies [DR]</b></li> <li>- Bean Bag Toss</li> <li>- Snack-N-Chat [DR]</li> <li>- Supper</li> <li>- Purposeful Destination Walks</li> <li>- Snack-n-Chat</li> </ul>	<b>Seafood Month</b> <b>15</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Guided Exercises [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- <b>Name that Disney Tune [LR]</b></li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- BINGO</li> <li>- <b>Classic Hits by Barry [LR]</b></li> <li>- HAPPY HOUR</li> <li>- Snack-N-Chat [DR]</li> <li>- Horseshoes [SR]</li> <li>- Supper</li> <li>- Nature Sounds</li> <li>- Snack-n-Chat</li> </ul>	<b>Sweetest Day</b> <b>16</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Conductorcise</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Current Events</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Reading Club</li> <li>- Pool Noodle Ball</li> <li>- Snack-N-Chat [DR]</li> <li>- Puzzle Fun [SR]</li> <li>- Supper</li> <li>- Family Movie: "Legends of the Fall"</li> <li>- Snack-n-Chat</li> </ul>
	<b>Wear Something Gaudy Day</b> <b>17</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Seated Tai Chi [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Hymn Sing</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Puzzles &amp; Ponderings [SR]</li> <li>- Bean Bag Toss</li> <li>- Snack-N-Chat [DR]</li> <li>- Board Games</li> <li>- Supper</li> <li>- Symphony Sounds</li> <li>- Snack-n-Chat</li> </ul>	<b>National Meatloaf Appreciation Day</b> <b>18</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Groove and Move [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- <b>Can You Picture This? [LR]</b></li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Garden Club [C]</li> <li>- <b>Crafter's Corner: Pasta Mandalas [DR]</b></li> <li>- Snack-N-Chat [DR]</li> <li>- Balloon Volleyball [LR]</li> <li>- Supper</li> <li>- Smooth Jazz</li> <li>- Snack-n-Chat</li> </ul>	<b>International Drum Month</b> <b>19</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Chair Dancing [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Sing-a-Long</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Bocce Ball [C]</li> <li>- Snack-N-Chat [DR]</li> <li>- Count 'em Dice</li> <li>- Supper</li> <li>- Spa Music</li> <li>- Snack-n-Chat</li> </ul>	<b>International Chefs Day</b> <b>20</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Chair Yoga [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- A-Z Words</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Manicures &amp; Massages</li> <li>- Piano Concert</li> <li>- Snack-N-Chat [DR]</li> <li>- Who's Got It Card Game</li> <li>- Supper</li> <li>- Meditative Music</li> <li>- Snack-n-Chat</li> </ul>	<b>International Nacho Day</b> <b>21</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Fuzion Fitness [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- <b>Baking Group: Pumpkin Pudding Dip [DR]</b></li> <li>- Bean Bag Toss</li> <li>- Snack-N-Chat [DR]</li> <li>- Bowling [SR]</li> <li>- Supper</li> <li>- Purposeful Destination Walks</li> <li>- Snack-n-Chat</li> </ul>	<b>National Nut Day</b> <b>22</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Guided Exercises [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- <b>Alphabet Noodle Songs [LR]</b></li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- BINGO</li> <li>- HAPPY HOUR</li> <li>- Snack-N-Chat [DR]</li> <li>- Fact or Crap Game [LR]</li> <li>- Supper</li> <li>- Nature Sounds</li> <li>- Snack-n-Chat</li> </ul>	<b>Make a Difference Day</b> <b>23</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Conductorcise</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Current Events</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Reading Club</li> <li>- Pool Noodle Ball</li> <li>- Snack-N-Chat [DR]</li> <li>- Puzzle Fun [SR]</li> <li>- Supper</li> <li>- Family Movie: "Sophie &amp; the Rising Sun"</li> <li>- Snack-n-Chat</li> </ul>
	<b>National Bologna Day</b> <b>24</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Seated Tai Chi [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Hymn Sing</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Puzzles &amp; Ponderings [SR]</li> <li>- Bean Bag Toss</li> <li>- Snack-N-Chat [DR]</li> <li>- Board Games</li> <li>- Supper</li> <li>- Symphony Sounds</li> <li>- Snack-n-Chat</li> </ul>	<b>World Opera Day</b> <b>25</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Groove and Move [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Trivia Time [LR]</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Garden Club [C]</li> <li>- <b>Crafter's Corner: Mini Pumpkin Painting [DR]</b></li> <li>- Snack-N-Chat [DR]</li> <li>- Balloon Volleyball [LR]</li> <li>- Supper</li> <li>- Smooth Jazz</li> <li>- Snack-n-Chat</li> </ul>	<b>Apple Jack Month</b> <b>26</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Chair Dancing [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Sing-a-Long</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Bocce Ball [C]</li> <li>- Flower Arranging</li> <li>- Snack-N-Chat [DR]</li> <li>- Count 'em Dice</li> <li>- Supper</li> <li>- Spa Music</li> <li>- Snack-n-Chat</li> </ul>	<b>Black Cat Day</b> <b>27</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Chair Yoga [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- A-Z Words</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Manicures &amp; Massages</li> <li>- Piano Concert</li> <li>- Snack-N-Chat [DR]</li> <li>- Who's Got It Card Game</li> <li>- Supper</li> <li>- Meditative Music</li> <li>- Snack-n-Chat</li> </ul>	<b>Plush Animal Lover's Day</b> <b>28</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- <i>Brookfield Lutheran Church Bible Study [LR]</i></li> <li>- Fuzion Fitness [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Fill-in-the-Blank</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- <b>Halloween Picture Bingo [DR]</b></li> <li>- Bean Bag Toss</li> <li>- Snack-N-Chat [DR]</li> <li>- <b>Name that Halloween Song [LR]</b></li> <li>- Supper</li> <li>- Purposeful Destination Walks</li> <li>- Snack-n-Chat</li> </ul>	<b>Frankenstein Friday</b> <b>29</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Guided Exercises [LR]</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- <b>Reminiscing with the Senses- Halloween Parties [LR]</b></li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- BINGO</li> <li>- HAPPY HOUR</li> <li>- Snack-N-Chat [DR]</li> <li>- Horseshoes [SR]</li> <li>- Supper</li> <li>- Nature Sounds</li> <li>- Snack-n-Chat</li> </ul>	<b>National Candy Corn Day</b> <b>30</b> <ul style="list-style-type: none"> <li>- Breakfast</li> <li>- Conductorcise</li> <li>- Smoothies-n-Chronicles [DR]</li> <li>- Current Events</li> <li>- Lunch</li> <li>- Mosaic Moments</li> <li>- Reading Club</li> <li>- Pool Noodle Ball</li> <li>- Snack-N-Chat [DR]</li> <li>- Puzzle Fun [SR]</li> <li>- Supper</li> <li>- Family Movie: "You Cast a Spell on Me"</li> <li>- Snack-n-Chat</li> </ul>

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